

## Academic Motivation

### **What is academic motivation?**

- A child who is academically motivated, wants to learn, likes learning-related activities, and believes school is important. We want to help children develop a desire to do well in school because the children believe that learning is important and rewarding in their lives.

### **Increasing Motivation to Learn**

- Do family activities that encourage learning, such as visits to the library, museums, or parks.
- Help children identify things they enjoy and do well. Capitalize on their interests to build learning experiences.
- Provide opportunities for success. Children who feel successful are more likely to try new things.

### **Teach Habits that Encourage Learning**

- Have a set routine for school work. Children should know when he or she is expected to complete their school work each day.
- Set up a place to study where your children have the needed supplies and as much quiet as necessary.
- Make sure your children finish school work at home before doing things that could distract them from doing their school work.
- Reward effort and productivity. Be sure to praise for trying hard.

SOURCE: National Association of School Psychologists

*Please feel free to contact me about any questions or concerns, or if I can be of help in any way.*

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